JANUARY 2025

Need help with your Taxes?

Lawrence Seniors, please call

our Office to sign up for

appointments from

February 4th - April 8th

609-844-7048

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TAX

EXERCISE - 9:00 AM

ACRYLIC ART - 10:00 AM

Wii GAMES - 10:00 AM

MAH-JONGG - 1:00 PM

EXERCISE - 9:00 AM

ACRYLIC ART - 10:00 AM

Wii GAMES - 10:00 AM

TAI-CHI 10:30 -11:30 AM

MAH-JONGG - 1:00 PM





AWRENCE TOWNSHIP SENIOR CENTER

30 East Darrah Lane, Lawrence NJ Phone: 609-844-7048 Office Hours: 8:30 - 4:30 pm www.lawrencetwp.com

January 4th, 2025

63rd Annual

Colonel

Hand's March

10:00 AM at

Lawrence

Township

Municipal

Buildina

UPDATE!

Yoga times

have changed

to 9:30 start

time. Also

Yoga and Tai

Chi locations

may change.

Look for flver

for updates.

Lillian LaSalle, Executive Director llasalle@lawrencetwp.com

Natasha Pacera, Recreation Leader npacera@lawrencetwp.com

TRANSPORTATION SERVICES Senior Van available weekdays between 8:30 AM to 3:00 PM. By appointment only - Must call 48 hours in advance. For Lawrence Township Residents 60+. Van Service only transports local.

REGISTRATION

Pre- Registration is required for ALL Senior Center programs & activities by calling or visiting the center. Programs for Lawrence Twp. Seniors 60 years and older.

MERCER COUNTY NUTRITION

HOT LUNCHES

MON. WED. THURS. & FRI. No. **Nutrition on Tuesdays**

9:15 AM - Coffee PLEASE Sign-in for meal by 10:45 AM **Pre-Registration Required** Please call (609) 883-8085 OR (609) 989-6650

Site Manager: LaRhonda Davis

REGISTRATION OPEN

Winter Sessions of Yoga (Start Jan. 24th) and Tai-Chi (Start Jan. 27th)

Lawrence Town	iship Office on A{	ζİI
Senior Center Activity Calendar		
Tuesday	Wednesday	
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DUPLICATE BRIDGE - 9 AM

CLUB #1 - 10:00 AM

SCULPTURE CLASS - 1:00 PM

HEALTHY BONES

1:30 TO 3:00 PM

DUPLICATE BRIDGE - 9 AM

CLUB #1 - 10:00 AM

SCULPTURE CLASS - 1:00 PM

HEALTHY BONES

1:30 TO 3:00 PM

DUPLICATE BRIDGE - 9 AM

CLUB #2 - 10:00 AM

SCULPTURE CLASS - 1:00 PM

HEALTHY BONES

1:30 TO 3:00 PM



SENIOR CENTER CLOSED

BUSY BEES - 12:30 PM

MEMOIR WRITING - 2:00 PM

LINE DANCE - 9:30 AM

MERCER COUNTY

HEALTH DEPT. "WINTER

SAFETY" TALK

BUSY BEES - 12:30 PM

MEMOIR WRITING - 2:00 PM

LINE DANCE - 9:30 AM

BUSY BEES - 12:30 PM

MEMOIR WRITING - 2:00 PM

LINE DANCE - 9:30 AM

CHINESE & LUNAR

NEW YEAR EVENT

10:30 AM

BUSY BEES - 12:30 PM

MEMOIR WRITING - 2:00 PM

EXERCISE - 9:00 AM Wii GAMES - 10:00 AM **HEALTHY BONES** 1:00 TO 2:30 PM

EXERCISE - 9:00 AM

Wii GAMES - 10:00 AM

MLK CRAFT

12:30 - 1:30 PM

HEALTHY BONES

1:00 TO 2:30 PM

EXERCISE - 9:00 AM

Wii GAMES - 10:00 AM

HEALTHY BONES

1:00 TO 2:30 PM

EXERCISE - 9:00 AM

Wii GAMES - 10:00 AM

HEALTHY BONES

1:00 TO 2:30 PM

WATERCOLOR FREESTYLE - 10 AM

LINE DANCE 10 - 11 AM

BINGO 1 - 3 PM

LINE DANCE - 9:30 AM EXERCISE - 9:00 AM LINE DANCE 10 - 11 AM WATERCOLOR Wii GAMES - 10:00 AM FREESTYLE - 10 AM EXECUTIVE COMMITTEE HEALTH DEPT. MEETING 9:30 AM **HEALTHY BONES OUTREACH 10:30 AM BINGO 1 - 3 PM** 1:00 TO 2:30 PM

> POETRY GROUP AT LIBRARY 1 PM LAWRENCEVILLE STUDENT TECH HELP 3:30 - 4:30 PM

> > LINE DANCE 10 - 11 AM WATERCOLOR FREESTYLE - 10 AM

BINGO 1 - 3 PM

LAWRENCEVILLE STUDENT TECH HELP 3:30 - 4:30 PM

YOGA 9:30 - 10:30 AM LINE DANCE 10 - 11 AM WATERCOLOR FREESTYLE - 10 AM

HEALTH DEPT. **OUTREACH 10:30 AM BINGO 1 - 3 PM** LAWRENCEVILLE STUDENT TECH HELP 3:30 - 4:30 PM

YOGA 9:30 - 10:30 AM LINE DANCE 10 - 11 AM

WATERCOLOR FREESTYLE - 10 AM

BINGO 1 - 3 PM LAWRENCEVILLE STUDENT

TECH HELP 3:30 - 4:30 PM

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TOWNSHIP OFFICES & SENIOR CENTER CLOSED **EXERCISE - 9:00 AM**

ACRYLIC ART - 10:00 AM CLUB #2 - 10:00 AM Wii GAMES - 10:00 AM SCULPTURE CLASS - 1:00 PM MAH-JONGG - 1:00 PM **HEALTHY BONES** 1:30 TO 3:00 PM **DUPLICATE BRIDGE - 9 AM**